
FILL IN THE BLANK: GOALS

Print out and use to help you achieve your goals.

My Vision of my life at age ____: (write a detailed account about you/your life in ten years, be as descriptive as possible, and include things like your health, fitness, diet, job, and wage, personal state, emotions, relationship status, family relations; even the design of your home and surrounds. Write it all in present tense and be as elaborate as you want. Don't think too much about it just write freely)

This is the Wish list – Turn it into a reality – Believe in what you write

My Life	My Ideal Life
Career	
Income	
Net Worth	
Home(s)	
Geography	
Lifestyle	
Health	
Family	
Relationship	
Education	

Choose values you wish to bring into your life

Values			
Entrepreneur	Balance	Integrity	Creativity
Fun	Diversity	Legacy	Knowledge
Passion	Commitment	Loyalty	Responsibility
Leadership	Greatness	Patience	Wealth
Development	Family	Growth	Quality
Health	Recognition	Achievement	Courage

Answer the following honestly.... Combine your passion and your best quality to see how you can make money!

My Hedgehog

I am best in the world at

My biggest passion is

I can make money by

Success is measured by the overlap of these 3 circles

1yr, 5yr and 10yr Goals Sheet

My Goals

When writing your goals keep them short, you know the full version in your mind. Writing short affirmations makes them easy to repeat daily

Refer to the PDF hand-out GOALS that guides you how to fill this out. S.M.A.R.T goals, positive statements, affirmations and present tense. Put a time limit on your goals.

	Health/ Fitness	By When/ Date	Career/ Money	By When/ Date	Personal/ Relationships	By When/ Date
1 year	1.		1.		1.	
	2.		2.		2.	
5 year	1.		1.		1.	
	2.		2.		2.	
10 year	1.		1.		1.	
	2.		2.		2.	

*use no more than 15 words a goal – no justification required